

MOUNTAIN Meadows

A S S I S T E D L I V I N G

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DEDICATED TO THE HEALTH, VITALITY AND QUALITY CARE OF OUR RESIDENTS

If you, or a loved one, are concerned about your ability to live independently, consider an assisted living community like Mountain Meadows.



Leaving your home and familiar surroundings can be unsettling. At Mountain Meadows, our caring staff and friendly community help our residents maintain a comfortable, dignified lifestyle — one where they'll find helpful, personal assistance with the activities of daily living.

Behind the friendly smiles and helpful attitudes is a well-trained staff, committed to delivering quality care. We go the extra mile to make Mountain Meadows a comfortable and inviting home.

Comfortable Living

At Mountain Meadows, residents enjoy living in their own private apartments — furnished and decorated with their favorite things. Each apartment is designed for comfortable living, with a private bath, individual temperature control, cable TV, a safety-response intercom, and kitchenette.

Amenities at Mountain Meadows include a very cozy common area with a fireplace — for games, craft activities, or watching movies — and several peaceful sitting areas where residents can read a book or visit with their neighbors. Outdoor lovers will marvel at the beautiful views of Tumwater Mountain — right outside their door. Everyone will enjoy the wonderful activities and events in the Bavarian-style town of Leavenworth.

Mountain Meadows has all the comforts of home — with personal assistance from our well-trained staff, 24 hours a day.

Health, Vitality, and Quality Care

To help our residents maintain and nurture active, independent lives, we provide a myriad of social and recreational opportunities: musical performances, field trips to points of interest, exercise classes, and holiday get-togethers.

We also customize resident care to their individual needs with a personalized “wellness” program developed and coordinated by our professional staff.

At Mountain Meadows, we go to great lengths to keep families involved in the care of their loved ones. Regular family activities and responsive communication with

family members and Mountain Meadows staff is the key to ensuring the highest quality of care for our residents.

When they make their home at Mountain Meadows, our residents quickly discover just how fulfilling and active life can be! Come visit us and experience the unique, home-like atmosphere at Mountain Meadows Assisted Living.

RATES

Your Home at Mountain Meadows Includes:

- A private studio apartment with its own bath and kitchenette
- Homestyle meals served daily
- Caregivers on staff 24 hours a day
- RN oversight
- Medication management
- Assistance with transportation for shopping and medical appointments
- Housekeeping services
- Social, recreational, and exercise programs
- Assistance with bathing, dressing, and grooming if needed
- Beauty and barber shop
- Emergency call system in each studio

Monthly Base Rates

Private Studio Apartments starting at: \$2,400

Rates for a second occupant apply and are available upon request.

All rates effective January 1, 2004.

Levels of Support

Mountain Meadows provides multi-level care based on resident needs, family requests and desires. Three levels of care are offered:

Level 1 – \$2,400

Level 2 – \$2,700

Level 3 – \$2,950

For more information about what's included in Mountain Meadows' levels of care, please consult your community representative.

Short-Term Respite

Mountain Meadows Assisted Living offers short-term respite care starting at \$85 per day.

Visit our website at www.mountainmeadowsassistedliving.com